



## Have Goodwill by Sharing Heartfelt “Hugs”

Send a virtual hug through email or text message to someone who may be in need of one. Who in your family, circle of friends, and congregation could use some comfort, reassurance, and peace? Using a long piece of paper (or a few pieces glued or taped together), trace your hands and arms. Cut out a heart and write a message of hope, joy, peace, or love, then glue the arms and hands to it to create a “hug.”

Sending physical mail is a little risky right now because surfaces can carry germs, so take pictures of your “hugs” and send the photos digitally to anyone who may need a hug.

~ WDS Associate Shelley Walters, alt.



## Intergenerational Engagement

Be sure to download the **Intergenerational Engagement** pages for some great activities. This week we encourage you to make a cross from twigs and sticks you find in your yard or on one of your walks. Then turn it into an Easter Cross by adding flowers that you find or create. Speaking of getting outside... pick up a few rocks along the way. Then cover them in hope. You’ll find instructions for each of these activities in the Intergenerational Engagement pages.

## Prayer of the Week

**[start with a slow deep breath]** Breathe on me, Breath of God, fill me with life anew, that I may love what you love, and do what you would do. Breathe on me, Breath of God, until my heart is pure, until my will is aligned with yours, to do and to endure. Breathe on me, Breath of God, till I am wholly yours, till all this earthly part of me glows with your fire divine. Breathe on me, Breath of God, so shall I never die, but live with you the perfect life of your eternity. Amen.

~ *Breathe on Me, Breath of God*; WORDS: Edwin Hatch, 1878 (Jn. 20:22), alt.

## Going Deeper This Week

Throughout our Easter Worship Series the good folk of The Work of the People have given permission or us to use resources that will help us go deeper and carry our worship into the week. Find a moment for some quiet reflection as you take in this video devotion by Rev. Nadia Bolz Webber, *Undone by Grace*. She reminds us that peace is ours, no matter how well we love or how much we mess up.  
<https://www.theworkofthepeople.com/undone-by-grace>

## Daily Readings for This Week

Every day through scripture reading and prayer we will discover the broader story of God's Word. Together let's go deeper into God's Word this week.

Monday ... Luke 24:36-43  
Tuesday ... Acts 2:1-4  
Wednesday ... Genesis 2:4b-7  
Thursday ... John 14:25-27  
Friday ... Psalm 104:29-30  
Saturday ... 1 Peter 1:3-9

**Scripture for Next Sunday ...** Luke 24:13-35 & 1 Peter 1:20-23

## Heart of the Matter Dance Party Playlist

Each week we encourage you to move your body. We've provided you some links below to our "playlist" that will not only help you focus on the Heart of the Matter but also help you to be heart healthy through movement. If you have a song with heart and a good beat that you'd like to add to our playlist send us an email ([umccourtstreet@gmail.com](mailto:umccourtstreet@gmail.com)) with the name of the artist and the song title. Let's get moving and Praise God!

*Love Is My Religion* by Ziggy Marley at [www.youtube.com/watch?v=K5Wk-7-bLRM](http://www.youtube.com/watch?v=K5Wk-7-bLRM)

*I Saw God* by Victor Wooten at [www.youtube.com/watch?v=PVEghDBwdoA](http://www.youtube.com/watch?v=PVEghDBwdoA)

*Peace Train* by Cat Stevens at [www.youtube.com/watch?v=2y9cbbwzKRM](http://www.youtube.com/watch?v=2y9cbbwzKRM)

*Love Theory* by Kirk Franklin at [www.youtube.com/watch?v=3aD8OKo7ilY](http://www.youtube.com/watch?v=3aD8OKo7ilY)

*Happy* by Pharrell at [www.youtube.com/watch?v=ZbZSe6N\\_BXs](http://www.youtube.com/watch?v=ZbZSe6N_BXs)

*Joy* by for King & Country at [www.youtube.com/watch?v=IA7n7TwPDMw](http://www.youtube.com/watch?v=IA7n7TwPDMw)

*It's Gonna Be a Lovely Day* by Kirk Franklin at [www.youtube.com/watch?v=cB8o2cuM4VE](http://www.youtube.com/watch?v=cB8o2cuM4VE)

*Get Thru This* by Tony Covay feat. Rai Jackson & Face at [www.youtube.com/watch?feature=youtu.be&v=\\_pPYRoh-Oyo&app=desktop](http://www.youtube.com/watch?feature=youtu.be&v=_pPYRoh-Oyo&app=desktop)

*I Smile* by Kirk Franklin at [www.youtube.com/watch?v=Z8SPwT3nQZ8](http://www.youtube.com/watch?v=Z8SPwT3nQZ8)

*Oh Happy Day* from Sister Act 2 at [www.youtube.com/watch?v=mXPoRnY3r1o](http://www.youtube.com/watch?v=mXPoRnY3r1o)