



GATHERING

Prelude *It Is Well With My Soul* Rev. James West
Gathering
Song of Faith *Joyful, Joyful, We Adore Thee*

ENGAGING

Prayers for Illumination
Scripture Psalm 4 | Philippians 4:4-9
Act of Praise *I'm Trading My Sorrows* Rev. James West
Message *Abundant Joy: Reason to Rejoice*
Questions for Reflection

THANKSGIVING

Prayer
Offering

SENDING

Living the Word
Song of Faith *Rejoice, the Lord Is King*
Blessing for the Road Ahead
Postlude *He Touched Me* Rev. James West

Worship Credits

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Call to Worship and Prayer of Dedication
The Worship Sourcebook. (CRC Publications: Grand Rapids, 2004) 56, alt.

Prayer for Illumination by Sheryl Stewart, adapt.
Maren C. Tirabassi and Maria I. Tirabassi, editors, *Before the Amen: Creative Resources for Worship*. (The Pilgrim Press: Cleveland, 2007) 120.

Call to Action

After reading Philippians 4:4-9 take time to reflect upon, journal, or share in conversations with another person about these questions:

- What or who is the source of your joy?
- How do you experience joy amid times of grief and pain?
- How can we infuse more joy and peace into our shared witness and work?
- In what ways can you foster greater joy in ourselves and our connections with others?

Prayer Practice: Breath Prayer

This prayer practice focuses on our breathing. In our everyday activity our pace is often hurried and our breathing shallower. To best practice this prayer, make sure to sit upright with your feet on the ground, back straight, head up, and your arms and hands in a comfortable position, possibly resting in your lap. Take a few deep breaths focusing on expanding your lungs. Then breathe deeply for 2 to 5 minutes. Use the IN phrase as you inhale and the OUT phrase as you exhale. You may speak the phrase aloud or meditate upon it silently.

IN > God
OUT > is our joy.

Prayer of the Week

O God, you are the source of our joy and the desire of our hearts. Help us to experience a joy so full that our bones cry out with a joy too sweet that it cannot be postponed. Amen.

Daily Readings for This Week

Every day through scripture reading and prayer we will discover the broader story of God's Word. Together let's go deeper into God's Word this week.

Monday ... Galatians 5:22-24

Tuesday ... Isaiah 55:12-13

Wednesday ... John 10:7-10

Thursday ... James 1:2-4

Friday ... Psalm 98

Saturday ... Nehemiah 8:9-12

Sunday ... Rest

Scripture for Next Sunday

Isaiah 43:1-2 | Isaiah 43:16-

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